

**Endurance Athletes from all over South Africa will participate in the Quarter century Challenge to do FIVE daring events IN ONE YEAR!**





*Midmar, Dusi,*

## **“Millennium Big 5 Challenge 2025”**



*Cape Town Cycle Tour, Comrades, Mt. Kilimanjaro*

### **What You Won't Find on Page 1**

-  Legends of the five endurance events
-  Training tips for each of the five endurance events
-  Equipment needed for each of the five endurance events
-  Postings from the new breed of Challengers
-  First news from the Millennium Big 5 Challenge 2025 Charity Trust
-  Celebrities who have taken up the Millennium Big 5 Challenge 2025

*Pages 2 - 8 will be on the website in due course as the pace develops towards the Millennium Big 5 Challenge 2025!*