

# Endurance Athletes from all over South Africa will participate in the Quarter century Challenge to do FIVE daring events IN ONE YEAR!



*Midmar, Dusi*

## “Millennium Big 5 Challenge 2025”



*Cape Town Cycle Tour, Comrades, Mt. Kilimanjaro*

### Launch of the Millennium Big 5 Challenge 2025 14 September 2023

Graeme Fraser and his wife Veldra Fraser are excited about the prospect of introducing new athletes to an opportunity to participate in the Millennium Big 5 Challenge 2025, similar to the year 2000 Nashua Big 5 Challenge adventure where a group of athletes successfully completed five endurance events in one year. Speaking at the launch of the Millennium Big 5 Challenge 2025, at Andante Country Wedding and Events Venue in Port Elizabeth on September 14. Graeme reaffirmed, the Dusi Canoe Marathon, Midmar Mile, Cape Town Cycle Tour, Comrades, and Mount Kilimanjaro have in the interim retained their places in the South African sports calendar as “major” events and still constitute a true test of ability in each sports discipline. “The challenge takes participants right out of their comfort zone and truly tests their ability to endure.” Graeme states that he was never an elite athlete however he did play league cricket and hockey after school.

“The first time we set out to do the challenge people thought it was a joke, but now they know that if I can do it then the ordinary Joes of the world can too... and we are hoping that many more participants will complete the Millennium Big 5 Challenge 2025”. To share more about his experience during the initial 2000 challenge, he has written a book entitled “Summit Vision”, that was launched similarly at the event.

In order to help the participants recoup their expenses for - registration, each event, equipment, travel expenses and such during the Challenge, a Charity Trust is being created which will in addition use the money raised by the Challengers to support the Priory for South Africa of the Order of St John and other sub-charitable causes.

Graeme and Veldra have issued per email, personal challenges to all athletes, celebrities, attendees and even others who did not attend the launch function to participate in the Millennium Big 5 Challenge 2025. The names of those who accept the challenge will be added to the official website - [www.millenniumBig5Challenge2025.co.za](http://www.millenniumBig5Challenge2025.co.za)

Alternatively you are welcome to email Graeme and Veldra at [legaleagles@srvalley.co.za](mailto:legaleagles@srvalley.co.za) for more information regarding the Millennium Big 5 Challenge 2025.